## **CONFESSIONS**

"Starving Self-Doubt & Reconnecting to Purpose"



It is important to confess over yourself WHO God says you are. Practice it now by looking in a mirror and confessing what God says about you. Visualize your reflection while you make these confessions over yourself.

- I AM a doer of the Word, and I meditate on God's words daily. (James 1:22, Joshua 1:8).
- I am a new creature in Christ, old things have passed away, behold, all things are new. (2 Corinthians 5:17)
- I take every thought captive unto the obedience of Jesus Christ, casting down every imagination. (Isaiah 54:17)
- I know God's voice and a stranger's voice I do not recognize (John 10:27).
- I AM not fearful because God has not given me a spirit of fear. (2 Timothy 1:7).
- God gives me a peace that passes all understanding; He guards and protects my heart and mind. (John 14:27)
- No weapon formed against me prospers and EVERY tongue that comes against me in judgment is condemned in Jesus' mighty name! (Isaiah 54:17)
- I AM unique and fearfully & wonderfully made. (Psalm 139:14).
- God's plans for me are good! He desires to prosper me as I seek Him. (Jeremiah 29:11)
- Whatever I put my hand to prospers; God has prospered me in every area of my life. (John 10:3-5;14-16, 27; John 14:15)
- I refuse to walk in hate or unforgiveness. (1 John 2:11; Ephesians 4:32)